

The *What If* List for Families

"What if" I need help immediately? (Emergency dial 911)

Police Department (non-emergency): 937-8377

Sheriff Department: 468-4400

Family and Youth Services & Safe House Runaway Shelter:
1-800-769-HELP (4357) – 24 hr. helpline

California Youth Crisis (Runaway Hotline):
1-800-843-5200 – 24 hr. hotline

Rape/Sexual Assault Crisis (24 hours): 465-4997

Women's Center -Domestic Violence: 465-HURT (4878)

Suicide Hotline (24 hours): 468-8686
1 800 273-(TALK) 8255

"What if" I need medical services?

Health Plan of San Joaquin: 942-6300

Community Medical Centers: 944-4700

San Joaquin County Public Health Department
(immunizations, STDs): 468-3830

St. Mary's Interfaith Medical/ Dental Clinics: 467-0703

San Joaquin General Hospital: 468-6000

Edison Health Center: 444-8300

Stagg Health Center: 933-7445 x. 8509

Healthy Beginnings (OB/GYN): 468-3983

Planned Parenthood: 477-4103 and 466-2081

"What if" I need food, clothing, housing, or other basics?

St. Mary's Interfaith Dining Hall and Clothing and Hygiene
Center: 467-0703

San Joaquin Food Bank: 464-7369 or visit 7 W. Scotts
Avenue Mon-Fri 10-12 and 1-3

Family and Youth Services Teen Safe House:
1-800-769-HELP (4357) -24 hr. helpline

Stockton Family Shelter: 465-3612

Homeless Prevention and Rapid Rehousing: 466-1487

"What if" I am looking for a job?

WorkNet: 468-3500 or EDD 948-7856

"What if" I need childcare?

Family Resource and Referral: 948-1553

Subsidized Childcare Provider List: 468-9245

"What if" I need transportation?

San Joaquin Regional Transit District (SMART):
943-1111 at 421 Weber Avenue
County Area Transit (CAT): 1-800-367-7433

"What if" I need information about substance abuse?

Alcoholic's Anonymous: 464-1594

ALANON: 547-3086 or ALATEEN: 547-3086

Narcotics Anonymous: 464-9262

San Joaquin Prevention Services: 953-7292

Chemical Dependency Counseling Center: 468-9600

Point Break Adolescent Resources: 466-0359

STOPP Smoking Helpline: 1-800-540-6775

California Smoker's Helpline: 1-800-NO-BUTTS (662-8887)

"What if" I need counseling services?

San Joaquin Mental Health Services:
Stockton (adult) 468-8686 and (children) 468- 2385

Valley Community Counseling Center: 956-4240

Family and Youth Services (formerly CPPA):
929-6700 or 24 hour helpline (800) 769-HELP (4357)

Hospice –grief services and counseling: 957-3888

Point Break Adolescent Resources – anger
management: 466-0393

CROSSROADS- Pre-delinquency Services (ages 10-18)
468-8424

Peacekeepers – gang outreach: 937-8880

Victim/Witness Assistance Center, San Joaquin District
Attorney's Office: 468-2500